

# PERFORMANCE EXCELLENCE 2020

Week of March 11, 2019 – S for Safe

## The STEEP Huddle

*Get in Gear for Excellent Performance*

### OPENING SAFETY STORY OR VALUE STORY

*(A Safety Story encompasses mitigating risk in any area of the organization. A Value Story demonstrates the delivery of a high quality, cost effective experience to our patients, vendor partners, and community.)*

### A LOOK AT THE BIG PICTURE—TODAY'S TOPIC:

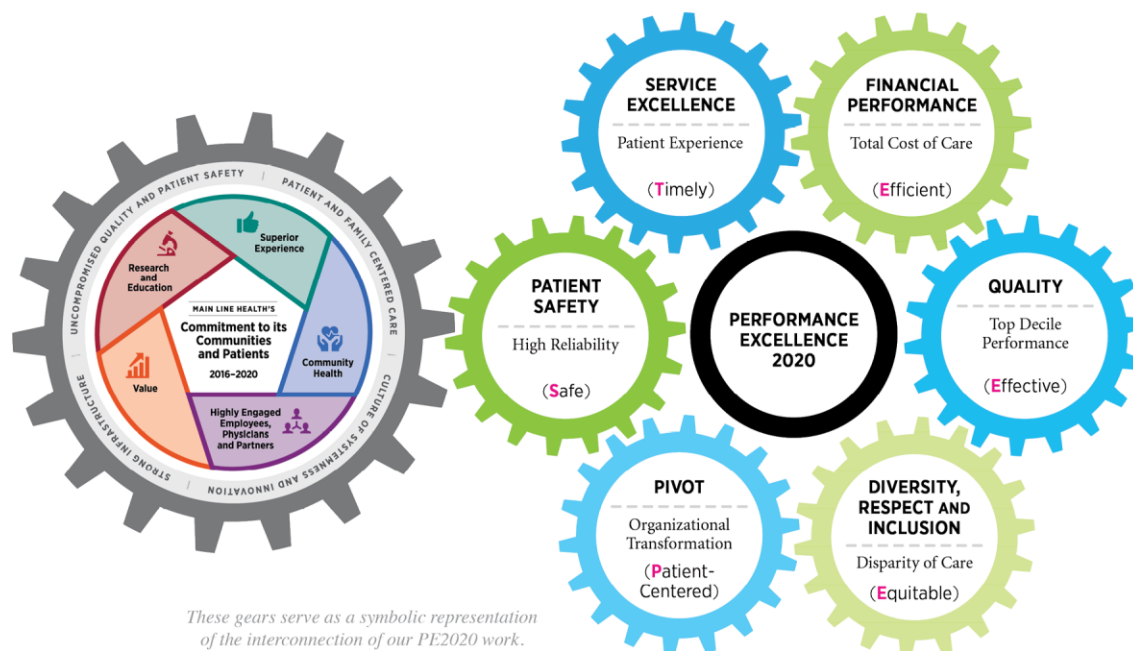
**World Delirium Awareness Day – March 13<sup>th</sup>** – Contributed by Grace Wummer, clinical director, Senior Services, MLH

**Why it is important:** Delirium is a serious, sudden, temporary state of confusion that can sometimes occur in hospitalized older adults. Delirium can slow the healing and recovery process and requires immediate treatment.

**How it fits with Performance Excellence:** Patients that experience delirium have longer hospital stays, persistent cognitive impairment and higher mortality. At Main Line Health, we recognize that delirium is a common and serious problem and are taking action toward prevention.

**How everyone can be involved:** Nurses will be screening older patients for delirium. All members of the care team can be involved by encouraging patients and families to be present, early mobilization, undisturbed sleep, providing stimulation and natural light during daytime hours and kind conversation – no matter your role.

To better understand the delirium patient experience, view this brief video: <https://vimeo.com/199365094> and education material <https://pe.elsevier.com/503puge>.



*These gears serve as a symbolic representation of the interconnection of our PE2020 work.*

*(The PE2020 “gears” graphic is built on the National Academy of Medicine’s STEEP principles for health care.)*

### UNIT UPDATE

- Status report on Unit/Department operations; situational awareness. Unit topic(s) of the day—training or re-training, other unit messaging/items to reinforce.

[Enter unit/department specific updates here](#)

**Safe – Timely – Efficient – Effective – Equitable – Patient-Centered**